

Godshill Primary School

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<https://www.facebook.com/godshillprimary.co.uk/>

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<https://www.instagram.com/gods.hillprimary/>

Newsletter 25 15th June 2020



Dear Parents and Carers,

If anyone has changed their address, phone number, doctors, emergency numbers, email addresses etc; then please either phone or email the office, so that we can update our records

To inform you that the last day of the summer term will Thursday 23rd July, as Friday 24th July will be a development day.

Did you know that even if your child is in year R - 2 and receiving a universal free school meal, if you are in receipt of certain benefits, school can receive an additional £1,320 per year which could help support your child with costs towards school trips, special resources or additional support?

Registering is quick and easy, if you think you may qualify you can pick up a form from the school office or contact Mrs Knight at school who can help you with the registration process. There is also a link under our 'Links' tab on our school website.

Alternatively, you can apply online on the IW Council website <https://www.iow.gov.uk/Council/OtherServices/Free-School-Meals/Tasks>

RSPCA are running a photography competition for children, to find out more follow this link <https://young.rspca.org.uk/ypa/home>

If your child is in Pre-school, Reception, YR1 & YR6 and would like them to return then please contact the office in the first instance. This will enable us to begin arrangements for this to happen.

We are endeavouring to become a citrus fruit and nut free school. This is to protect members of our school community who have developed allergies to these products. Whilst we cannot guarantee that our school will be an allergen free environment, we are trying to adopt a culture of allergy awareness. To help us manage this we are asking for everyone's co-operation in reducing the risk by ensuring no citrus fruits or nuts are brought into our school. This includes all foods, drinks and products which contains these items.

Missing you all, take care keep safe and enjoy the lovely Island that we live on.

My warmest regards

Mrs Tombleson

CORONAVIRUS

STAY ALERT

TO STAY SAFE

- ✔ Keep a safe distance from others
- ✔ Limit contact with other people
- ✔ Keep washing hands regularly

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES



Godshill Primary School

has been recognised for their ongoing commitment
and achievement in the School Games Programme
during the Autumn & Spring Terms

Awarded by

Andy Day

School Games Organiser



YOUTH
SPORT
TRUST

School Uniform Ordering 2020

Due to the ongoing Coronavirus pandemic our shop will not be open as normal. We ask that parents please order school uniform online at www.bigwight.com

Those that aren't able to do this, please contact us to discuss your needs. We will be offering a limited number of appointments for those that need them.

Thank you for your understanding.

Tel: 01983 532 333

Email: sales@bigwight.com

BACK TO SCHOOL



#StayInWorkOut

Jump, Land, Balance

SCHOOL GAMES

Primary and secondary challenge card

This is a jumping challenge to introduce players to the Netball footwork rule. Start on two feet and jump as high as you can. Land on one foot and hold for four seconds. Repeat four times, twice on the left foot and twice on the right foot. Landing foot becomes the 'STICKY FOOT'.

S 

Space

- You can try this in any inside or outside space.

T 

Task

- Try and make the Jump vertical and not forward. Balance must be held for four seconds and try not to move your foot when you land.
- Some players may find it easier to begin by pushing up on tiptoe without jumping; once balance improves, progress to a jump
- Why not make this harder by starting on one foot and jump as high as you can, then land on the opposite foot.
- Mobility-impaired players, for example, young people using walking frames or wheelchairs, can try alternative skills including a vertical reach up a wall or stopping as quickly as possible on command.

S T T E P

Ideas on how to adapt the activity in a national lockdown.

T 

Time

- See how many jumps you can do in 60 seconds
- If you have added a ball, see how many successful passes you can make in 60 seconds.

E 

Equipment

- Equipment is not needed for this challenge.
- Try adding in a ball and passing to another person while balancing on your sticky foot.

P 

People

- You could do this by yourself or with another person.



www.yourschoolgames.com

Recipe for Super-veg pasta



Ingredients

- 2 red peppers, quartered and deseeded
- 2 tbsp olive oil
- 1 fennel bulb, roughly chopped
- 1 onion, roughly chopped
- 1 large carrot, roughly chopped
- 2 garlic cloves, crushed
- ¼ tsp crushed chillies
- 1 tsp fennel seeds
- 2 tbsp tomato purée
- 400g can chopped tomatoes
- 600ml vegetable stock
- 1 tsp caster sugar
- Small handful basil, leaves shredded
- 500g bag fresh egg pasta, cooked

Method

1. Heat the grill and pop the peppers, skin-side up, underneath for 10 mins or until beginning to char. Transfer to a bowl, cover and set aside. When cool enough to handle, peel off the skin and cut the flesh into strips.
2. Heat the oil in a large saucepan and cook the fennel, onion and carrot for 8-10 mins until softened. Stir in the garlic, crushed chillies, fennel seeds and tomato purée, cook for 2 mins, then add the canned tomatoes, stock and sugar. Simmer, uncovered, for 15 mins or until the vegetables are completely soft.
3. Take out a couple of spoonfuls of the sauce (this will later add texture), then blend the rest in the saucepan until almost smooth with a stick blender. Simmer for 5 mins to thicken, then stir in the reserved sauce, shredded basil and peppers. Serve with the pasta.