

Useful contact details

Island Foodbank

Cowes: 01983 292040

Ryde: 01983 614717

Freshwater: 01983 292040

Email Address: isleofwight.foodbank.org.uk

NSPCC

Isle of Wight: 01983 294873

Childline

0800 1111

Barnardo's Family Centres

- North East Locality Hub

01983 617617

northeastwight@barnardos.org.uk

www.barnardos.org.uk/iow-early-help-ne

- South Wight Locality Hub

01983 408718

southwight@barnardos.org.uk

www.barnardos.org.uk/iow-early-help-ne

- West and Central Wight

01983 537390

westandcentralwight@barnardos.org.uk

www.barnardos.org.uk/iow-early-help-ne