

Visual Schedule: Use as is or cut out times and activities. Rearrange and add your own. Post in a common area (front door or fridge).



7:00



breakfast



brush teeth



get dressed



8:00



family time



9:00



school work



10:00



play time



creative time



11:00



lunch



12:00



chores

Visual Schedule: Use as is or cut out times and activities. Rearrange and add your own. Post in a common area (front door or fridge).



1:00



read



puzzle



2:00



school work



computer work



4:00



play time



5:00



dinner



6:00



shower



pajamas



TV Time



8:00



bed time

Visual Schedule: Use as is or cut out times and activities. Rearrange and add your own. Post in a common area (front door or fridge).



7:30



1:30



read



puzzle



8:30



2:30



school work



iPad



9:30



3:00



snack



play time



10:30



3:30



brush teeth



walk



11:30



4:30



movie



nap time



12:30



5:30



art project



cooking